

This information sheet provides basic information about the Best Possible Medication History (BPMH) Form for medication reconciliation.

Medication Reconciliation at Alberta Health Services (AHS)

Medication Reconciliation (MedRec) aims to standardize and support safe medication practices across AHS and Covenant Health. Through MedRec, an accurate list of all of a patient's prescribed medications, non-prescriptions, over-the-counter drugs, supplements, and herbal remedies is collected and communicated to other health care professionals as they become involved in the care of the patient. This record is also compared with new medication orders and helps to provide better, safer care for patients.

Best Possible Medication History (BPMH) Form

In March 2017, a new form named "Best Possible Medication History (BPMH)," was added to Alberta Netcare Portal (ANP) and became available for print. It is pre-populated with dispensed prescriptions recorded in the Pharmaceutical Information Network (PIN) application, and can be used to complete the BPMH, admission orders, and maintained as a permanent part of the chart.

How does the BPMH form improve and support the MedRec process?

- 1 The form **saves time**. It reduces the need for manual transcription and is easier to read.
- 2 The form is user-friendly. It enables clinicians to reconcile and include comments beside each medication.
- 3 The form is convenient. As an AHS and Covenant-approved form, it can be retained in patients' charts.

Does this new form change the MedRec requirements?

MedRec has not changed. This form provides an option to facilitate your area's current MedRec processes. But the new form does not remove the

requirement to validate patients' medication history with two sources. This form serves as one source, and a patient/caregiver interview serves as a second source.

Who should use this form?

This form is an option for anyone collecting and documenting a BPMH and reconciling medications.

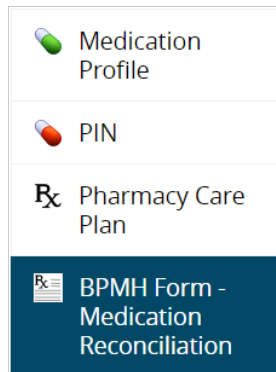
How was the form developed?

The BPMH form was developed as part of the MedRec program at AHS. Consultations and user testing with key stakeholders (physicians, nurses, pharmacists) took place within AHS to ensure that the new form aligns with current AHS policies, and that it will aid the MedRec process.

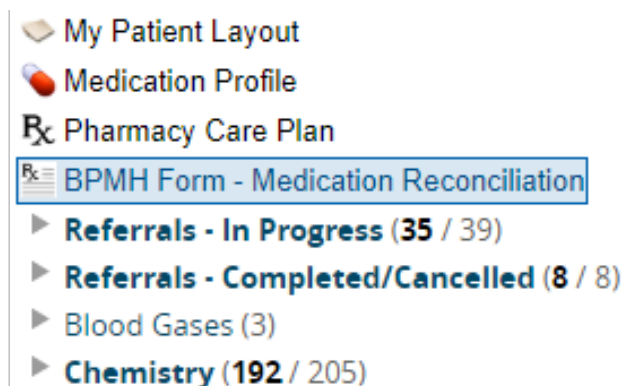
Where can I find the form?

The form is accessible in ANP in the Clinical Document Viewer (CDV), directly below the Medication Profile and Pharmacy Care Plan links.

- Click the **Medications tab**, then the **BPMH Form – Medication Reconciliation** access point.



- Or click **All Documents**, then **BPMH Form – Medication Reconciliation**.



How do I complete the form?

Materials are available on the [Alberta Netcare Learning Centre](#) to help you learn how to use the form.

Need Help?

For technical issues, please contact the AHS Service desk for your zone. For non-urgent inquiries about the MedRec program, contact the AHS Medication Reconciliation team at medrec@ahs.ca. Covenant Health staff can contact Medication.Management@covenanthealth.ca.